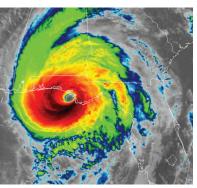


Staying Connected

We are hoping to use this newsletter as a way of keeping in touch after retirement. You invested so much time and effort to a mission of helping others through education. Along the way you made many new friends and became a part of our Extension family. With your help, we can keep track of our retirees, share stories, and maintain this important connection.





Dr. Mariorie Moore ~ *CED*, *FCS Bay County, Emeritus* I moved to Atlanta as of March 1st. This was my plan prior to Hurricane Michael. All of my siblings live here. I am staying with a sister who lives by herself.

Hurricane Michael hit Panama City but not Panama City Beach. Businesses in PC Beach were impacted as many of the workers lived in Panama City. It's my understanding about 3,500 students left the Bay District School System. The storm was recently classified as a Category 5 instead of Cat 4. Right after the storm, it looked like a war zone. It was horrible! During the storm, I stayed at my office with 9 other people. I knew my office could withstand a Cat 3 and possibly Cat 4. Water came into the auditorium and front door, even one back door and front windows. Fortunately, we were able to keep a lot of water out by putting down tablecloths and buckets. This was a safe place for us to be rather than our homes. We sat in the lobby watching the storm, which eased our fears. Would I stay again — NEVER! I was not afraid of the storm — it was being responsible for too many people...feeding them and bathroom issues. The Saturday after the storm, the Dean for Extension allowed us to stay at Camp Timpoochee.

For those folks who know me, camping is not my thing! However, I am grateful to Dean Place.

I've seen progress being made in Panama City but it is slow, especially for homeowners. There are not as many blue tarps on homes now as most of the roofs have been repaired. The inside of homes are partially gutted or completely gutted. My home was partially gutted a little over a month ago. All rooms, except one bedroom, either has some or all sheetrock and flooring removed. The master bathroom is completely gutted, except for the bathtub. It took almost 6 months to get a company to come in to do the mitigation and treat for mold. Like most people, I am still fighting with the insurance company! Initially, the insurance company sent their adjuster to do an inspection. They gave me a small amount of money based on the adjuster's assessment but it was not enough to make all the repairs. I hired a Public Adjuster to work with the insurance company. They are still negotiating with the insurance company. I cannot make any repairs until I know what the insurance company is going to pay. Therefore, I'm on hold. I can't buy a house here until I get everything settled in Panama City.

Most businesses have reopened but of course there are some that will never reopen, like my favorite restaurant Bonefish. Prior to retiring, the Extension office was relocated into a large room in the main library. After I left, they moved back to the Extension building for a short time, but had to move back to the library until repairs are completed on the Extension building. I hope this gives you an insight into what's happening in Panama City.

Hello from ESP Members & Retirees



Donna Peacock ~ *Hernando County CED*, *Family & Consumer Sciences (FCS)*Ten years of "retirement"! Like many of our generation of retirees, for the first six years I was a full time caregiver for parents. The past four years have been a medley of volunteering, family time and travel. I continue monthly presentations for marriage preparation programs of the Diocese of St. Petersburg. Renewal of food safety certification supports food service in my church community.

Celebrating our 50th wedding anniversary, my husband and I traveled to Europe twice. A Pilgrimage to Portugal, France and Spain included a return to Madrid where we were stationed four years during the Vietnam era. The second trip was a Mediterranean cruise and six days in Florence and Rome.

With 13 grandchildren and 7 great grands, we attend many high school and college graduations, elementary school picnics and activities. We are "sun birds" dividing our time between Pasco and Pinellas Counties.



Joe Pergola ~ *Hillsborough Co. CED, FCS* • Thanks for keeping me updated. Still playing senior softball, cruising, and extended family in the area has grown to 20. Luke is 15 and Sophia 12.

Jana Hart ~ *Lafayette Co. CED*, *FCS 1983-2019* It has been a wonderful career, but looking forward to passing the torch, and enjoying life on the other side!

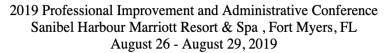














The Retiree's Luncheon is provided free to the retiree plus one guest.

Retirees will register the same as everyone else, mark the retiree option, and the one meal you would like to attend. If you need help registering, Annie Sheldon is happy to get you registered over the phone if you would like to call her (904-284-6355). Here are the detailed instructions...

EPAF Registration website - https://extadmin.ifas.ufl.edu/epafreg/

Next > Enter personal information (you can select the county/department that your retired from) and select daily registration

Next > Choose your Affiliation and select Retiree

Next > Select Meal-Only Registration - Wednesday, August 28 Retirees & Friends of Extension Luncheon

Next > Select Meal Type

Next > Select if you have a guest attending with you, provide name, meal needed, and meal type

Next > Select Check only (EPAF will cover the cost)

Next > Submit Registration.

- Early Bird Registration: May 15 – July 15
- Regular Registration: July 16 – July 29
- Late Registration: July 30 – August 9

Review the Agenda https://extadmin.ifas.ufl. edu/epafreg/2019%20 EPAF%20Agenda.pdf Nan Jensen ~ Pinellas Co. Family & Consumer Sciences 1975-2018

The Beginning of the Second Act

When contemplating retirement from Extension, I must admit that I was concerned about the loss of my professional life because I had been involved in a career that I loved for so many years. Some people define themselves by their jobs — what they

do. I was somewhat guilty of doing that and in a blink of an eye, that was gone. On the other hand, it is amazing how easily one can adapt to no stress, no deadlines, no presentations, and no meetings. While it has only been 5 months, I am enjoying what the second act has to offer so far.

Getting rid of extra stuff - Instead of spring cleaning, I did a 'retirement' cleaning by organizing and decluttering my house. I was somewhat forced into this "cleansing activity' because we renovated our home and took down walls. This meant a closet had to go so we had no extra place to store stuff. We took many trips to our local charities.

Taking care of me - I know the importance of sustaining a healthy lifestyle and have always tried to do that. I continue with my routines that include strength training, cardio, and stretching. Now that I am retired I don't have to work my fitness schedule around my work schedule. No more exercising in the dark.

Keeping up professionally - I have continued to keep up to date professionally by taking some classes on-line. These classes have

also helped me to maintain my nutrition license here in Florida and maintain my status as a registered dietitian. You never know when some consulting opportunities may come my way.

> **Volunteering** - There are diverse groups of organizations that need volunteers to help with their cause and program activities and as Extension agents, we know how important volunteers are to the success of our programs. My first volunteer activity has involved me in

a local organization Action 2000 https://www.irbaction2000.com It's a non-profit whose mission is to preserve, revitalize and and enrich our small beach town of Indian Rocks Beach. I have helped with several of the projects and currently serve on the board as secretary.

What's next? - Hopefully some travel, first to see the sights in New England and then off to our 49th state, Alaska. And perhaps some trips abroad. I also plan to expand my volunteer activities and will be teaching some cooking and nutrition classes at one of our social services agencies that recently moved into a new building complete with a new teaching kitchen. Looking forward to many more adventures and what the second act holds!



9/15/18 Luther Rozar - Pasco and Sarasota Co. Agricultural Agent 2/13/19 Fred Burkey - Martin County FYN Agent 1998-2016 4/26/19 Karl Havens (Age 61) - Florida Sea Grant Director 2007-2019

Retirements 2019

- Judy Biss CED, Ag/Natural Res./Comm. Dev. (Calhoun) 4/19
- Rod Clouser Assoc. Chair Food and Resource Economics 6/19
- Diann Douglas Family & Consumer Sciences (Madison)
- Jim Fletcher RSA Central, Water Resources, BMP
- Steve Futch Interim CED, Citrus (DeSoto, Hardee, Polk) 6/19
- Jana Hart CED, Family & Consumer Sciences (Lafayette) 5/19
- Jean Hink 4-H (Pasco) 1/19
- Deborah Levulis Horticulture (Palm Beach) 2/19
- Gene McAvoy CED, Regional Vegetable/Hort. (Hendry) 7/19
- Jane Morse Environmental Horticulture (Pinellas) 2/19
- Mike Sweat CED, Agriculture (Duval) 6/19
- Marvin Weaver CED, Agriculture/4-H (Gilchrist)

If you know more, please ask them to contact us to stay in touch!

ESP Membership Brochure & Form

http://epaf.ifas.ufl.edu/esp/pdf/memberbrochure.pdf http://epaf.ifas.ufl.edu/esp/pdf/lifememberapp.pdf

In The News



Bill Thatcher ~ 11-27-18 UF/IFAS Professor Emeritus Wins International Award For Cattle Reproduction • http://southeastagne. com/2018/11/27/uf-ifas-professor-emeritus-wins-international-award-cattle-reproduction/

Reggie Brown ~ 11-27-18 He Grew Up in 4-H, Now Brown Honored as 'Friend of IFAS' • http://florida.growingamerica. com/news/2018/11/he-grew-4-hnow-brown-honored-friend-ifas





Tim Hurner ~ 1-6-19 Former UF/IFAS Extension Director, CALS Alumnus Tim Hurner Inducted into Florida Citrus Hall of Fame • https://www.morningagclips.com/hurner-inducted-into-florida-citrus-hall-of-fame/

Ray Zerba ~ I retired from Clay County Extension in 2011.

For a while I was trying to decide what to do, but last year (at 72) it was decided for me with the birth of my first (probably only) grandchild.



In my new role as grandpa I spend as much time with Maria as I can, having moved in with my daughter at her apartment in Manhattan, N.Y.

This picture is of me diligently on the job at a nearby park. It was taken by a peeved daughter who happened upon me and then tried to snatch Maria to teach me a lesson for sleeping on the job. It didn't work because I am a light napper (plus I had the carriage wheels locked) – still, lesson learned. I am finding retirement great and most relaxing!

Retirees In Action ~ What YOU can do for the University

Stay up to date on the latest news/issues involving IFAS and speak up! Take action at the local/state/national levels when needed. Mary Ann Gosa-Hooks, Director of Governmental Affairs (UF Lobbyist) can send out updates to our mailing list. Donations are always welcome! This newsletter could also use an update/personal paragraph from you about what you're doing.

As an ESP Life Member – You can volunteer to score abstracts, review award applications, and submit a name for the ESP Retiree Award (Usually due April 1st). http://epaf.ifas.ufl.edu/esp/membership.shtml

Contact Us

ESP Retiree & Life Member Chair Betsy Nayfield Crisp, Emeritus Betsy.crisp@verizon.net

Newsletter Design
 Chris Kilbride, Emeritus
 kilbride@ufl.edu

Websites •••

- ESP Alpha Delta Chapter http://epaf.ifas.ufl.edu/esp/
- EPAF Conference information http://epaf.ifas.ufl.edu/
- FCS Profiles

https://www.floridafcs.org/ FCS agents past and present, be sure to fill out a profile (click on the puzzle) so that we can stay connected!

If you have any information about yourself or your County that you would like to share in the next issue, please contact Betsy or Chris.