

Zoom 101

Frequently used shortcuts - Mac

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- Command(⌘)+Shift+F: Enter or exit full screen
- Ctrl+\: Toggle the "Always Show meeting controls" options in Settings/Accessibility
- Command(⌘)+Shift+W: Switch to active speaker view or gallery view
- Control+P: View previous 25 participants in gallery view
- Control+N: View next 25 participants in gallery view
- Command(⌘)+Shift+V: Start/stop video
- Command(⌘)+Shift+A: Mute/unmute audio (Press and hold space bar to talk)
- Command(⌘)+Control+M: Mute audio for everyone except host (For the meeting host only)
- Command(⌘)+Control+U: Unmute audio for everyone except host (For the meeting host only)
- Command(⌘)+Shift+S: Start/stop screen share
- Command(⌘)+Shift+T: Pause or resume screen share
- Command(⌘)+Shift+R: Start local recording
- Command(⌘)+Shift+C: Start cloud recording
- Command(⌘)+Shift+P: Pause or resume recording
- Command(⌘)+U: Display/hide Participants panel
- Command(⌘)+Shift+H: Show/hide In-Meeting Chat Panel
- Option+Y: Raise hand/lower hand

Ctrl+Option+Command+H: Show/hide meeting controls