



Don't Delay Care

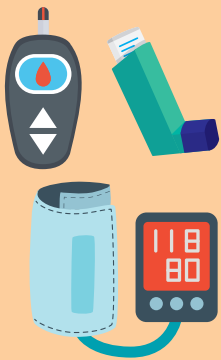
During the COVID-19 Outbreak

[FloridaHealth.gov/COVID-19](https://www.floridahealth.gov/COVID-19) • Florida Department of Health



Call 911, if you need help for a medical emergency or any emergency related to a health condition you have.

Don't delay care because of COVID-19. Emergency departments in Florida are prepared to help you. They have activated plans that allow normal operations while taking care of COVID-19 patients.



If you're 65 or older, or if you have any of the conditions below, taking care of your health during the COVID-19 outbreak is important.

- Chronic lung disease or moderate to severe asthma
- Serious heart condition
- Severe obesity (body mass index of 40+)
- Diabetes
- Chronic kidney disease undergoing dialysis
- Liver disease
- Compromised immune system from: cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications

Protect your health during this outbreak:



- Stay in contact with your health care provider. Most medical practices in Florida are providing telehealth services.
- Keep taking your medications and don't make changes to your health management or treatment plans without talking to your health care provider first.
- Keep at least a 2-week supply of prescription and non-prescription medications. Talk to your health care provider, insurer and pharmacist about these extra supplies.
- Make sure your vaccines are up-to-date especially your flu and pneumonia vaccines.

Know the common COVID-19 symptoms:

- Fever
- Cough
- Shortness of breath
- Difficulty breathing
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

Know the COVID-19 emergency warning signs:

- Trouble breathing
- Bluish lips or face
- Persistent pain or pressure in the chest
- New confusion or inability to arouse