



Two Truths and a Lie

Purpose: Teambuilding/Icebreaker

Groups of: 4-20 (you could do it with larger groups, but you would have to split them into smaller groups)

Age Range: 9 and above

Procedures: Everyone is given a card or piece of paper on which they are instructed to write two truths and a lie about themselves. After they have done this, each participant takes their turn reading aloud their three statements about themselves and the group must guess which they think is the lie.

TIPS: As they are writing them, encourage them to find unique and possibly strange things about themselves that are true, so that it will be harder for people to guess. You can also prepare them for this by letting them know a day early what will be asked of them so they can take some time to think up some good stuff.



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